Frederic the Challenge Facer



When he went to University, Frederic and his Catholic friends formed a discussion group. One day, another student came and said, “This is all very well sitting round chatting, but what good does your Faith really do to help others?”

This struck Frederic like a bolt from the blue. He had grown up watching his parents being very practical. His father was a doctor who in his spare time would tend to the sick among the homeless. When he died it was discovered that he had attended a third of all his patients free of charge. His mother was a caring woman who joined with neighbours to go out and help the poor.

He knew that his group of friends must rise to real action in order to help the poor.

That night he went and took the firewood from his own house and delivered it to an old man who had no way of keeping warm. From that moment, Frederic decided that their group would give practical help rather than just talking. This was the birth of the helping Society that he named after St Vincent de Paul who had given practical help to the poor 200 years before.

**Discussion**

Have you ever been motivated to action by what someone has said?

Have you ever been in a situation where you’ve said “Right, I’ll show them!”

What could we say to our friends and neighbours to motivate them to help us as we help the poor in our local area?

How many words can you think of for this kind of motivation? Some suggestions are: spark, drive, push, inspiration, get up and go, va va voom…….

**Poster Task**

**Can you turn these Motivation words (including more of your own) into a poster to celebrate the Feast of Frederic Ozanam? Make it as colourful as possible and use pictures, gitter, fabric or even design online!**

Your teacher can hang the posters up and send photos of them to share on our website and Social Media.

This “motivation” is what we need in SSVP Mini Vinnies so we can find those in need and help them. And we need to inspire it in others we meet!



(Ex &O: RERC 2-19a, RERC 3-24a, LIT 2-10a / LIT 3-10a SOC 2-04a)